

## Agreement of co-operation between Dharma Chitra Guthi and Nepal Medical Association

1. Dharma Chitra Guthi, a charitable institution or trust, desirous of promoting the advancement of medical knowledge for the benefit of the ailing and diseased, hereby expresses its willingness to sign an Agreement of Co-operation with the Nepal Medical Association, which is devoted to the cause of Medicine and of its members who are professionals in the field of Medicine.
2. The Nepal Medical Association shall form a MEDICAL TRUST to be called THE NEPAL MEDICAL ASSOCIATION MEDICAL TRUST.
3. The NEPAL MEDICAL ASSOCIATION MEDICAL TRUST shall be operated by a Governing Board consisting of 5 Trustees; 2 Trustees shall be nominated by the Executive Committee of The Nepal Medical Association; 2 Trustees shall be nominated by the Governing Body of Dharma Chitra Guthi; the fifth Trustee who shall be Chairman of the NMA Medical Trust shall be nominated jointly by the Nepal Medical Association and Dharma Chitra Guthi. The Chairman shall be an independent person, not belonging to either the Nepal Medical Association or Dharma Chitra Guthi, who need not necessarily be a Nepali citizen, but shall be mutually acceptable to both parties.
4. Mrs. Chitra Kumari Pahari, on behalf of Dharma Chitra Guthi, shall pay into the account of the NMA Medical Trust a sum of Rupees Three Hundred Thousand only which shall be placed in an interest earning deposit in a bank or any other institution or organisation which is mutually agreed upon as secure.
5. The interest accruing from this deposit shall be used by the NMA Medical Trust in presenting various AWARDS to Medical Doctor or paramedical working in the field of Medicine and Health, who in the opinion of the Trustees of the NMA Medical Trust, have made significant contribution in the field of Medicine and Health. The prizes which shall be awarded every two years during the Inaugural Ceremony of all Nepal Medical Conference, will consist of:

- (a) AMAR PAHARI MEDICAL LITERARY AWARD - This award shall consist of cash prize of Rs. 20,000/- and a certificate which will be given to the author of the best medical book written by a Nepali Doctor or a non-Doctor who is involved in the field of medicine and health.
- (b) DHARMA PAHARI HEALTH SERVICE AWARD - This shall consist of cash prizes of Rs. 25,000/- and a certificate, which will be given to a distinguished Doctor or Non-Doctor who in the opinion of the Trustees has made outstanding contribution for the cause of medicine and health in Nepal.
- (c) CHITRA PAHARI SCIENTIFIC MEDICAL AWARD- This shall consist of cash prizes of Rs. 5,000/- and 3,000/- which will be given to the authors of the First and Second best articles in the Medical Journals published in Nepal.
5. Any excess balance available after the payment of the award and all incidental expenses shall be utilized for other medical purposes, as per the decision of the Trustees.

.....  
Signed by Mrs. Chitra Kumari Pahari  
on behalf of Dharma Chitra Guthi.

.....  
Signed by Dr. B.B. Vaidya  
President, on behalf of  
Nepal Medical Association

.....  
Dr. S. K. Pahari, witness

Dated:- 2/12/2041

.....  
Dr. S. K. Bhattacharya,  
President Elect. Witness  
Dated:- 2/12/2041

## NOTES & NEWS

**H. M. King's Birthday Celebration Party:** NMA organised a party on 13.9.2044 to celebrate 43rd auspicious birthday of His Majesty King Birendra Bir Bikram Shah Dev.

**A Visit to Janakpur Zonal Branch of NMA:** NMA President Dr. Y. M. Pradhan, Hon. Gen. Secretary Dr. B. D. Chataut and executive member Dr. B. R. Joshi visited Janakpur Zonal Branch of NMA on 11th Marg 044. During the visit various matters of mutual interests were discussed. Many many thanks to Janakpur Zonal Branch for their wonderful reception too.

**Condolence Meeting:** A condolence meeting was held on 5th Phalgun 2044, on sad demise of Dr. Basu Bist and Dr. Kalyan Mani Dixit. Dr. Bist passed away on 20th Magh 2044. He has been suffering from brain tumor since last few years. And Dr. Kalyan Mani Dixit passed away on 29th Magh 2044 after he met an unfortunate road accident at Pataya of Thailand on 22nd Magh 2045. May peace prevail on the departed souls.

**New Year's Eve Party:** To mark the new year B. S. 2045 a party was held on 30th Chaitra 2044. Many special invitees & nearly 150 NMA members attended the party.

**NMA's contribution to Dr. Basu Bista's family:** In response to NMA's appeal following funds were collected and handed over to late Dr. Bista's family for the purpose of his treatment during his illness.

From Doctor's Benefit Fund of NMA	Rs. 6,000/-
" Janakpur Zonal Branch	Rs. 2,322/-
" Gandaki " "	Rs. 4,200/-
" Bheri " "	Rs. 1,300/-
" Koshi " "	Rs. 2,019/-
" NMA Central Members in Kathmandu and others	Rs. 12,918/-
Total	Rs. 28,759/-

Here, it might be worth reminding to our members that the money received for life membership is deposited in bank under fixed deposit and its interest is only used for the benefit of doctors at such occasions.

**NMA member wins election:** NMA member Dr. Ram Bahadur B. C. was elected as Honourable Member of Rastriya Panchayat from Argakhanchi district, recently. Our heartfelt congratulations to him!

**Condolence Meeting:** Unfortunately, NMA had to hold another condolence meeting in quick succession on 2044 Chaitra 10th to condole the sad death of its member Dr. Vijaya Upadhyay, who passed away on 26th Phalgun 2044. May her soul rest in peace.

**NMA Budget estimate for 2045 B. S.:** Jt Treasurer Dr. S. K. Shrestha submitted the budget estimate for the year 2045 B. S. in third central council meeting held on 30th Chaitra 2044. The estimated income for the year is Rs. 2,02,392/- and the expenditure Rs. 2,26,000/.

**Organising committee for 14th All Nepal Medical Conference:** NMA is now geared up to hold its 14th All Nepal Medical Conference in a grand manner. An organising committee has been formulated and is as following:

### Organising Committee

#### *Chairman*

Dr. D. N. Regmi

#### *Vice-Chairmen*

Dr. M. P. Upadhyay

Dr. H. Dixit

Dr. J. R. Pandey

#### *Organising Secretary*

Dr. Anand Prasad Shrestha

#### *Secretary*

Dr. E. R. Joshi

#### **Subcommittee Chairpersons**

##### *Finance*

Dr. D. S. Malla

##### *Ch. chairman*

Dr. S. K. Shrestha

##### *Scientific*

Dr. M. M. Malla

##### *Co-chairman*

Dr. Madhu Ghimire

##### *Reception*

Dr. D. R. B. Kunwar

##### *Hospitality*

Dr. Chandrika Shrestha

##### *Savonir*

Dr. Mahendra Kumar Nepal

#### *Transport*

Dr. Sudip Kishor Bhattacharj

#### *Publicity*

Dr. B. B. Sharma

#### *Cultural & Entertainment*

Dr. Buland Thapa

#### *Co-chairman*

Dr. Subodh Kumar Pokhrel

#### **Members**

Dr. D. M. Shrestha

Dr. Keshab Adhikari

Dr. Mahesh Maskey

Dr. Basu Adhikari

Dr. Tej Singh Malla

Dr. N. B. Thapa

#### **Advisers**

Hon'ble Dr. Ram Bdr. B. C.

Dr. S. K. Pahari

Dr. Jegendra Jha

Dr. B. B. Vaidya

Dr. C. P. Maskey

Dr. Gopal Acharya

Dr. A. K. Sharma

Dr. M. R. Pandey

Dr. M. R. Baral

### President and Hony. Gen Secretary's Visit to Dhaka

Dr. Pradhan and Dr. Chataut were in Dhaka from 28th April to 1st May 1988. On invitation of Bangladesh Medical Association a first of its kind. They participated in a meeting held for the purpose of formation of South Asia Medical Association (SAMA). A joint declaration was signed in Dhaka which is as following—

Draft Joint Declaration of Bangladesh Medical Association, Indian Medical Association, Pakistan Medical Association and Nepal Medical Association following consultative meeting held on 28th & 29th April, 1988 at Dhaka, capital of Bangladesh.

A consultative meeting of the leadership of Bangladesh Medical Association, Indian Medical Association, Nepal Medical Association and Pakistan Medical Association was held at Dhaka on 28th and 29th April, 1988.

The meeting was held with a view to promote mutual understanding and discuss common problems in the field of health care delivery system of the concerned countries. The signatories observed that these countries inherited similar backward economy, share similar cultural ties and traditions, have similar disease profile and almost similar medical education and health care delivery system. In this background, we believe that people of this South Asian Region will greatly benefit by exchange of opinion and mutual understanding between members of medical professionals of these countries in the field of health care system. As such we, hereby agree, in principle, to form a common forum of National Medical Associations of South Asian Region Countries.

After two day long discussion in best spirit of mutual professional understanding, we identified following areas of cooperation to be further developed through formation of abovementioned common forum:

1. That, these countries inherited a colonial past with consequent underdevelopment which affected our health services. Since independence efforts have been taken for extending health services to broadest masses of the people. But our health services still suffer from inadequacies in resource allocation, lack of physical facilities and bureaucratic management system. Deeply committed to the task of achieving WHO objective of "Health for All by the year 2000" medical professionals of this region will strive to overcome these inadequacies for reaching the aforementioned goal.
2. That, we shall try through respective Governments for enhancing allocations in health sector, replace existing colonial administrative system for increased participation of medical professional in decision making, make life-saving and essential drugs available at reasonable prices and all other efforts for achieving the above goal.
3. That, mutual consultation will be made for necessary alterations for attaining need-based undergraduate and postgraduate medical education to better to the need of common men of the region.

4. That, mutual cooperation can be best achieved in an environment of mutual trust and peace in the region. This will augment release of more funds for health & other social sector for well being of common men. Mutual cooperation should be achieved not only between Medical Associations, but also between similar institutes and speciality bodies.
5. That we are convinced from our medical knowledge that Medical Science has little to offer in face of nuclear disaster. Moreover, millions of diseased & distressed humanity can immensely benefit from diversion of exorbitant cost of nuclear arms race. Transfer of millitary nuclear technology to developing countries should be replaced by greater transfer of appropriate technology in the field of health services. So we shall ceaselessly work for comprehensive test ban towards ultimate abolition of nuclear armaments from the globe.

#### **NMA Scholarship**

NMA sanctioned scholarships to the following for the current academic year:

Miss Luna Bist	Rs. 250/	per month
Master Bipin Bist	Rs. 250/	" "
Miss Sony Bajracharya	Rs. 300/	" "

The scholarship will be paid monthly out of the interest of the money deposited into Doctor's Benefit Fund.

Members are requested to help us in bringing out such more schemes by becoming Life Members and thus enabling us to deposit more money in fixed deposit.

**New NMA members:** NMA membership has been given to following doctors:

#### **New N. M. A. Members**

	1032. Dr. Bhim Pd. Acharya		1045. Dr. Uma Devi Maharjan
L-258	1033. Dr. Pushpa Pd. Sharma		1046. Dr. Rajendra Raj Wagle
	1034. Dr. Bhargab Mani Dixit		1047. Dr. Bardan Jung Rana
	1035. Dr. Kanchan Pd. Upadhaya		1048. Dr. Prakash Raj Regmi
	1036. Dr. Rameshwar Man Singh		1049. Dr. Kashi Raj Gyawali
	1037. Dr. Shanta Bdr. Pande		1050. Dr. Sharat Chandra Verma
	1038. Dr. Rama Shankar Prasad	L-281	1051. Dr. Vimala Arjyal
L 197	1039. Dr. Tushar Kanti Ghosh	L-282	1052. Dr. Takeo Fujimori
	1040. Dr. Bhai Ratna Shakya		1053. Dr. Uma Nath Devkota
	1041. Dr. Rajesh Dhoj Joshi		1054. Dr. Rajendra Gurung
	1042. Dr. Kiran Pd. Shrestha	L-290	1055. Dr. S. R. Thulung
	1043. Dr. Devendra S. Pant	L-298	1056. Dr. Nestor Esteban Hein
	1044. Dr. Bikash Kumar Dali		1057. Dr. Shilu Aryal

### New Life Members

We are happy to let you know that more members have been taking interest to become the NMA life members now. Following are the new ones—

### Life Members of N. M. A.

- |                                    |                                  |
|------------------------------------|----------------------------------|
| 229. Dr. Deep Bahadur Karki        | 264. Dr. Abani Bhushan Upadhyaya |
| 230. Dr. Sanjib Dwungel            | 265. Dr. Heera M. Pradhan        |
| 231. Dr. Raj Tilak Basnyat         | 266. Dr. Aditya P. Rijal         |
| 232. Dr. Laxmi Lata Karmacharya    | 267. Dr. Govind Ballav Bhatta    |
| 233. Dr. Purna Chandra Karmacharya | 268. Dr. Henning Albrecht        |
| 234. Dr. Bihari Lal Shrestha       | 269. Dr. Ananta Datta Shrestha   |
| 235. Dr. Kumud Kumar Kafle         | 270. Dr. Chandrika D. Shrestha   |
| 236. Dr. Ram Bhadra Adiga          | 271. Dr. Shevika Amatya          |
| 237. Dr. Lohit Raj Upadhyaya       | 272. Dr. Nirakar Man Shrestha    |
| 238. Dr. Sushila Dali              | 273. Dr. Dhruv Lal Singh         |
| 239. Dr. Iswari Shrestha           | 274. Dr. Ambika Shrestha         |
| 240. Dr. Laxmi Ram Malla           | 275. Dr. Sudhadar Anil Thapliya  |
| 241. Dr. Shyam Bahadur Pandey      | 276. Dr. Moti Raja Bajracharya   |
| 242. Dr. Nayan Bahadur Subedi      | 277. Dr. Manik Ratna Bajracharya |
| 243. Dr. Laxman Raj Lohani         | 278. Dr. Mangal Chand Jain       |
| 244. Dr. Keshab R. Bhattarai       | 279. Dr. Peter Hanedoes          |
| 245. Dr. Dhruva Mudviri            | 280. Dr. Prakash Aryal           |
| 246. Dr. Manohar Prasad Gupta      | 281. Dr. Bimala Aryal            |
| 247. Dr. Mrs Urs Schmied           | 282. Dr. Takeo Fuzimori          |
| 248. Dr. Sarala Malla              | 283. Dr. Govind Ojha             |
| 249. Dr. Gopal Prasad Shrestha     | 284. Dr. Meera Ojha              |
| 250. Dr. Durga P. Pradhan          | 285. Dr. Mahendra B. Bista       |
| 251. Dr. Usha Shah                 | 286. Dr. Hari Govind Shrestha    |
| 252. Dr. Meena Suman               | 287. Dr. Kanak B. Raut           |
| 253. Dr. adhav P. Khanal           | 288. Dr. Mesh B. Shrestha        |
| 254. Dr. Suresh K. Kanodia         | 289. Dr. Rita Manandhar          |
| 255. Dr. Durga P. Manandhar        | 290. Dr. Shahadev Rai Thulung    |
| 256. Dr. Neena Shrestha            | 291. Dr. Pusp Raj Sharma         |
| 257. Dr. Devendra Bahadur Malla    | 292. Dr. Krishna Dhoj Khand      |
| 258. Dr. Puspā Prasad Sharma       | 293. Dr. Bishnu Lal Joshi        |
| 259. Dr. Narayani Shrestha         | 294. Dr. Subarna Kumar Khatry    |
| 260. Dr. Ashok R. Bajracharya      | 295. Dr. Prem Lal Shrestha       |
| 261. Dr. Lata Bajracharya          | 296. Dr. Tank B. Budhathoki      |
| 262. Dr. Basant B. Shrestha        | 297. Dr. Gopal Prasad Pokharel   |
| 263. Dr. Mahendra K. Nepal         | 298. Dr. Nestor Esteban Hein     |

*Congratulations !!*

**Drugs and Medical Equipments worth 2 million handed over to NMA:**

Mr. Ryutaro Hashimoto, Ag. Secretary General of Liberal Democratic Party and Member of the House of Representatives of Japan, handed over drugs and medical equipments to NMA President Dr. Y. M. Pradhan.

The estimated cost of these drugs and equipment is about 2 million rupees. His Excellency the Ambassador of Japan to Nepal and NMA executive members also were present at the handing over ceremony.

**Dr. B. D. Chataut**

*MBBS (Lko.), DCEH (Eng.) DPH (Eng.)*

*M Sc CHDC (Eng.)*

Hony. Gen. Secretary  
Nepal Medical Association

## NOTS & NOWS

### Model Village Health Camp by Nepal Medical Association

Nepal Medical Association held its third model village health camp 2044-45 on 11/1/45 in the Malpi Village Panchayat. 310 patients were provided with medical care and drugs distributed free of cost. Side by side, a film-show on sanitation (Mountain folks of Nepal) was arranged for the assembled population. 9 doctors, 7 paramedicos, nurses, 4 medical students and 8 doctor's wives participated in the camp.

In lieu of its past strategy of arranging scattered medical camps in different places, the NMA is concentrated on one model community this year. The model community selected is the Malpi Village Panchayat twenty minutes drive north to Banepa proper. The first two camps were held on 9/10/44 and 15/11/44 respectively, providing service for approximately 700 people.

The camps will be spaced regularly for a year and will function with the goal of raising the health status of community, emphasis being placed on preventive/promotive activities along with clinical service. The camps will assist in developing a necessary infrastructure for primary health care through community participation. Within this framework, the specific objectives are:

. . . . To provide general and specialised medical service to solve the immediate health problems of the community.

. . . . To improve the nutritional status, MCH care, environmental sanitation of the community by motivating a change in the knowledge attitudes and practice of the people.

. . . . To screen, isolate and treat tuberculosis and preventable eye diseases in particular and to raise awareness about the aforementioned problems.

. . . . To achieve these objectives within a period of one year, the calendar of operation will be as follows:

- a) Community survey-18-9-044 -- 24 9 044 (accomplished)
- b) 1st general health camp- 9-10-044 (accomplished)
- c) Community presentation 13-10-044 ( " ) and establishment of village health committee
- d) Establishment of food grain fund- 16-10-044 (accomplished)
- e) 2nd general health camp- 15-11-044 ( " )
- f) Construction of sanitary latrine, hygenic manure and rubbish pits provision of safe drinking water, establishment of nutritional rehabilitation centre from 1-12 044 -- 15-8 45.
- g) 3rd general health camp- 2nd week of Baisakh 2045
- h) Eys camp- 2nd week of Jestha, 2045.
- i) T. B. screening camp- 2nd week of Ashad. 2045

- j) Immunisation coverage to under five - 2nd week of Kartik, 2045
- k) Evaluation on 2nd week of Paush 2045.

The NMA Model Village Health Camp believes in multisectorial approach to health problems and seek cooperation; in the spirit of self reliance, from concerned national organisations.

A notable feature of this camp programme has been the participation of the Nepal Medical Students' Society (NMSS). The members of the NMSS carried out the week long "community survey" in the location and will continue to play a major role in the preventive and promotive component of the health camp.

The Model Village Health Camp activities will be organised and coordinated by the Camp Organising Subcommittee of the NMA.

Information about conference :

Pakistan Society of Oto-laryngology is holding it's Ninth National Conference in Karachi on 25-26 January 1989. The main conference will consists of invited guest lectures, symposia, free papers, poster exhibition and films. It will be preceeded by a workshop. Contributions are now invited for free papers, films and poster exhibition.

The last date for submission is 31st, October 1988. The Proceedings of this conference will be published following the conference.

**For details, please contact :**

*Dr. H. M. A. Beg*

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Pakistan

*"The 18th International Epilepsy Congress will be held in New Delhi, India from 17-22nd October, 1989. Registration forms will be available from June, 1988 onwards.*

**For further information write to:**

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