Agreement of co-operation between Dharma Chitra Gathi and Nepal Medical Association

1. Dharma Chitra Gathi, a charitable institution or trust, desiring of promoting the advancement of medical knowledge for the benefit of the ailing and diseased, hereby expresses its willingness to sign an Agreement of Co-operation with the Nepal Medical Association, which is devoted to the cause of Medicine and of its members who are professionals in the field of Medicine.

2. The Nepal Medical Association shall form a MEDICAL TRUST to be called THE NEPAL MEDICAL ASSOCIATION MEDICAL TRUST.

3. The NEPAL MEDICAL ASSOCIATION MEDICAL TRUST shall be operated by a Governing Board consisting of 5 Trustees: 2 Trustees shall be nominated by the Executive Committee of The Nepal Medical Association; 2 Trustees shall be nominated by the Governing Body of Dharma Chitra Gathi; the fifth Trustee who shall be Chairman of the NMA Medical Trust shall be nominated jointly by the Nepal Medical Association and Dharma Chitra Gathi. The Chairman shall be an independent person, not belonging to either the Nepal Medical Association or Dharma Chitra Gathi, who need not necessarily be a Nepali citizen, but shall be mutually acceptable to both parties.

4. Mrs. Chitra Couruel Pehari, on behalf of Dharma Chitra Gathi, shall pay into the account of the NMA Medical Trust a sum of Rupees Three Hundred Thousand only, which shall be placed in an interest earning deposit in a bank or any other institution or organisation which is mutually agreed upon as secure.

5. The interest accruing from this deposit shall be used by the NMA Medical Trust in presenting various AWARDS to Medical Doctor or paramedical working in the field of Medicine and Health, who in the opinion of the Trustees of the NMA Medical Trust, have made significant contribution in the field of Medicine and Health. The prizes which shall be awarded every two years during the Inaugural Ceremony of all Nepal Medical Conference, will consist of:
(a) AMAR PAHARI MEDICAL LITERARY AWARD - This award shall consist of cash prize of Rs. 20,000/- and a certificate which will be given to the author of the best medical book written by a Nepali Doctor or a non-Doctor who is involved in the field of medicine and health.

(b) DHARMA PAHARI HEALTH SERVICE AWARD - This shall consist of cash prizes of Rs. 25,000/- and a certificate, which will be given to a distinguished Doctor or Non-Doctor who in the opinion of the Trustees has made outstanding contribution for the cause of medicine and health in Nepal.

(c) CHITRA PAHARI SCIENTIFIC MEDICAL AWARD - This shall consist of cash prizes of Rs. 5,000/- and 3,000/- which will be given to the authors of the First and Second best articles in the Medical Journals published in Nepal.

6. Any excess balance available after the payment of the award and all incidental expenses shall be utilized for other medical purposes, as per the decision of the Trustees.

Signed by Mrs. Chitra Kumari Pahari
on behalf of Dharma Chitra Guthi.

Signed by Dr. B.B. Vaidya
President, on behalf of Nepal Medical Association.

Dr. S. K. Pahari, Witness
Dated: 2/12/2041

Dr. S. K. Bhattaraksha
President Elect, Witness
Dated: 2/12/2041
1. Sri Lanka Medical Association has announced about its 102nd Anniversary Academic Sessions from 23-25 March, 1988. Registration fee is U.S. $ 100. Members of NMA are welcome to participate in those sessions. For further details, please contact Hon. Secretary, NMA.

2. The Royal College of Surgeons of Edinburgh has announced about dates of Part I Fellowship Examination in Kathmandu (1988).

   Written papers: Thursday, 1 December, 1988.


   Application forms and further information may be obtained from D.N. Gongal Esq. FRCS Ed. Dept. of Surgery, Bir Hospital, Kathmandu OH. The Examinations Secretary of the Royal College of Surgeons of Edinburgh, Nicolson Street, Edinburgh EH8 9DW. The fee for this Examination is £285 sterling. Nepalese candidates can send the equivalent of this in Nepalese rupees.

3. The MRCP (UK) Examination Committee of Nepal has announced that the Part I MRCP (UK) examination will be held on 4th July, 1989 in Kathmandu. An entrance examination will be held on 22nd November, 1988 and to 15 Nepalese candidates will be allowed to sit in the Part I MRCP (UK) examination. For details contact: Dr. DB Karki, Member-Secretary, Examination Committee, Bir Hospital, Kathmandu.

4. SAMA (South Asia Medical Association) to come into existence soon!

   First of all we regret for the erratum that appeared in our last issue of JNMA (page 82) in connection of news of SAMA. The five points that were printed there were actually the points of proposals put forward in the meeting in Dhaka. The text of the declaration which was passed in the meeting is as following:

   **Joint Declaration on Forming a common forum of National Medical Associations of South Asia Region Countries**

1. Since our countries are signatories to Alma Ata declaration, our commitment is to provide "Health for all by 2000". In view of this commitment we feel that health care should be a fundamental right of every citizen. This right needs to be incorporated in the constitution of every country.

2. We also feel that primary health care to the people can only be provided if the preconditions of good health i.e. food, shelter, supply of safe water, appropriate disposal of human and animal excreta and health education, in one word, social justice should be provided to all including those at the lowest strata of population.
1. We feel that more emphasis is necessary on preventive and promotive health of the people and that they should have the right to determine the rate, extent and modality of health delivery system. We believe that medical associations have to play a very important role in planning and implementation of health delivery and that the associations should exert their utmost for this noble cause. It is noted with regret that the National budgetary allocations for the Health Sector are very inadequate and all governments concerned be urged to raise it to 10%.

2. The developing countries provide the largest market for selling medicines. Most of them have the capability, the resources and the technical know-how to be self reliant in production of pharmaceuticals, electro-medical, diagnostic and rehabilitation appliances so as to reduce the overall cost of medical treatment. Therefore, we must endeavour for indigenous production of basic raw materials for pharmaceuticals industry with a view to produce reasonably priced standard and quality drugs and produce electro-medical equipment and accessories within the group countries. We should cooperate and coordinate for standardization of kits and equipment needed in health care delivery. We urge our Governments to provide full patronage and protection to all efforts in order to develop our own research and technology with a view to produce required drugs and biomedical equipment sufficient for the needs of total health care delivery.

3. We should coordinate to develop reference centres (specially for communicable diseases) and share experience on formulation and implementation of health policy and also share epidemiological and other health related data for greater good of our peoples.

4. The world is apprehensive of the arms race amongst the nuclear powers and the threat of continued accumulation of sophisticated nuclear weapons for mass destruction. The cost of nuclear and conventional weapons is draining our resources which could have been utilized for much needed social sectors. We implore upon all nuclear powers to destroy their nuclear weapons, stop their production and divert these resources not only to prevent disease but produce better environment and thus better life for all.

5. We feel that the exchange of students, teachers, medical scientists, experts, specialists and general practitioners should be organized so as not only to exchange knowledge and experience but also help promote and faster friendship between the group countries.

6. The signatories agree to share their knowledge and expertise in the field of undergraduate medical education, continuing medical education, post-graduate training, health education and other health related matters and help each other to make it truly need-based.
6. The signatories feel that child survival and Maternal Health services specially need to be strengthened and improved with a view to achieve the goals of universal immunization, control of diarrhoeal diseases by promotion of ORT, effective treatment of respiratory infections, for overall success of family welfare and population control programme.

7. To achieve the objectives of this declaration, the signatories agree to draw up plans for exchange visits set the agenda and objectives of national and regional goals and devise ways and means to achieve the same expeditiously.

Dr. K. K. Shah, 
President, 
Indian Medical Association.
Dr. Y. M. Pradhan, 
President, 
Nepal Medical Association.
Dr. Syeda Firoza Begum, 
President, 
Bangladesh Medical Association.

Dr. J. J. Sood, 
Hony. General Secretary, 
Indian Medical Association.
Dr. B. D. Chaturi, 
Hony. General Secretary, 
Nepal Medical Association.
Dr. Sarwar Ali, 
Secretary General, 
Bangladesh Medical Association.

Following this meeting in Dhaka, Indian Medical Association has kindly taken the trouble of drafting a constitution of SAMA, which had been circulated to concerned associations for their comments and suggestions. And now it is hoped that SAMA will be officially inaugurated in New Delhi on 9th September, 1988.

8. Reception to Hon'ble Health Minister and Hon'ble Assistant Health Minister

In honour of newly appointed Hon'ble Health Minister Mrs. Sushila Thapa and Hon'ble Assistant Health Minister Mr. Krishna Kumar Rai a reception dinner was hosted by contribution of executive committee.

9. Formation of Election Committee:

For the purpose of conducting NMA elections, an Election Committee has been formed as per NMA constitution, which is as following:

1. Dr. Bhoj Raj Joshi - Chief Election Commissioner
2. Dr. Biswa Bandhu Sharma - Member
3. Dr. Som Nath Aryal - "
4. Dr. R. N. Gangal - "

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8. **NMA President Visits Japan**

President Dr. Y. M. Pradhan participated in 2nd International Conference on Intraocular Implant and Radial Keratotomy in Nagoya, Japan from 1st to 3rd July 1988. Back home, he informed us that approximately 400 delegates from all over the world attended the conference. Two of our life members, Dr. R. P. Pokhrel and Dr. C. R. Pant also attended this.

Dr. Pradhan was also invited to attend 15th anniversary of AOICO in Japan. Dr. Kukuzumii, had founder member of AOICO and also a honorary member of NMA invited him.

Dr. Pradhan also had an opportunity to see Prof. Mishima, Vice-president of Japan Medical Association and he was assured for provision of scholarship to NMA from next year by JMA.

9. **NMA’s Commitment to Help Earthquake Victims**

Eastern and Mid Nepal was hit by an earthquake in the morning of August 21, 1988 and a tremendous loss of life and property occurred due to this. President of NMA called an emergency meeting on 22nd August to discuss about the help NMA could offer to the quake victims. Dr. S. K. Bhattacharya, the immediate Past President of NMA, who had been in the quake hit area the previous day informed the executive committee about the situation in that area. He also informed that the members of NMA Koshi Branch were actively engaged in the relief work and Ministry of Health had mobilised required resources promptly to cope with the health problems. Such prompt action by MOH was appreciated and it was decided to arrange for extra health manpower on behalf of NMA, in case of need, to work in quake hit area.

A letter with this information was handed over to Hon’ble Minister for Health Mrs. Sushila Thapa same day.

10. **More Doctors as Additional Secretaries in Ministry of Health**

We have come to know that Dr. A.K. Sharma (a past president of NMA too), Dr. D.N. Singh and Dr. B.N. Regmi (also the Chairman of XIV All Nepal Medical Conference) have been promoted to the esteemed posts of additional secretaries in Ministry of Health. With Dr. R.N. Pradhan as an additional secretary already for about last two years, the total strength is now of four.

It has been a long-standing demand of NMA, with HMG, to give opportunity in the doctors to work as secretaries of HMG and not to block their career just at gazetted class one level. With the present good news of more and more doctors as additional secretaries, let us hope that the day will also come when the career ladder for doctors will be kept open up to the top level as for other civil servants.

Our congratulations to the new Additional Secretaries.
11. NMA Life Members

Dr. B. R. Joshi is ever tired of explaining to our colleagues about importance of becoming NMA Life Members and encourage them to do so. Mainly with his efforts we have been able to congratulate some more life members and they are:

*Life Member's Name*

224. Dr. Neera Bahadur Amatya
231. Dr. Jwala Raj Pandey
231. Dr. Puspa Malla
232. Dr. Svaraj Rajbhandari
233. Dr. Binod Man Rajbhandari
234. Dr. Shambu Kumar Pahari
235. Dr. Tirtha Rana
236. Dr. Kishore Kumar Pradhan
237. Dr. Dharab Man Shrestha
238. Dr. Laxmi Raj Pathak
239. Dr. Francis W. Kelly
240. Dr. Damodar Prasad Parajuli
241. Dr. Narayan Ram Joshi
242. Dr. Brahama Dev Jha
243. Dr. Kamala Bhattathori
244. Dr. Dhana Bahadur Shahi
245. Dr. Beena Shrestha
246. Dr. Achyut Rajbhandari
247. Dr. Roshan Lal Shrestha
248. Dr. Sachet Prabhut Shrestha
249. Dr. Chet Raj Pant
250. Dr. Sudha Khakurel
251. Dr. Pathar Lal Shrestha
252. Dr. Neetam Pradhan
253. Dr. Raju Pradhan
254. Dr. Thir Man Shukya
255. Dr. Madhur Dev Bhattarai
256. Dr. Keshab Bhakta Shrestha
257. Dr. Gaeta Karki
258. Dr. Purushottam Prasad Upadhayay
259. Dr. Kesheer Prasad Adhikari
260. Dr. Basu Prasad Adhikari
261. Dr. Riti Gurung
262. Dr. Durga Man Joshi
263. Dr. Sanduk Ruit
264. Dr. R. P. B. Shrestha
265. Dr. Shekhar Koirala
266. Dr. Krishna Thakur
267. Dr. Prakash Sunand Shrestha
268. Dr. Sushila Shrestha
269. Dr. Mathura Pd. Shrestha
270. Dr. Arun Kumar Koirala
271. Dr. Babu Pam Marasini
272. Dr. Raj Bahadur Ghale
273. Dr. B. K. Prasad
274. Dr. Ramita Sthapit
275. Dr. Vijaya Bahadur Rajbhandari
276. Dr. Jung Bahadur Thapa
Following is the list of new NMA members:

<table>
<thead>
<tr>
<th>Membership No.</th>
<th>Name</th>
</tr>
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<tbody>
<tr>
<td>1667</td>
<td>Dr. Surendra Sherchan</td>
</tr>
<tr>
<td>1668</td>
<td>Dr. Niran Kumar Dubey</td>
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<tr>
<td>1669</td>
<td>Dr. Sanjib Kumar Dahal</td>
</tr>
<tr>
<td>1670</td>
<td>Dr. Rajendra Bohara</td>
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<tr>
<td>1671</td>
<td>Dr. Raaz Bhandhu Maskey</td>
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<tr>
<td>1672</td>
<td>Dr. Ramesh Bhr. Pradhan</td>
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<tr>
<td>1673</td>
<td>Dr. Roshani Amatya</td>
</tr>
<tr>
<td>1674/L-340</td>
<td>Dr. Arun Kumar Koirala</td>
</tr>
<tr>
<td>1675/L-341</td>
<td>Dr. Babu Ram Marasini</td>
</tr>
</tbody>
</table>

Dear members, welcome you all.

IX. NMA Members win RONAST Awards

Our congratulations to our life member Dr. Bal Krishna Subedi, who is the winner of HRH Crown Prince Dipendra Science and Technology Youth Award of RONAST.

We also congratulate Prof. A. K. Sharma - NMA, past president and NMA life member who won the RONAST Award for his contributions towards the promotion of Science and Technology in Nepal.

-Dr. B.D. Chhetri
MBBS (Lko.) DCEH (Eng.) DPH (Eng.)
M. Sc. CHDC (Eng.)
Hony. Gen. Secretary
Nepal Medical Association

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