Agreement of co-operation between Dharma Chitra Guthi and Nepal Medical Association

1. Dharma Chitra Guthi, a charitable institution or trust, desirous of promoting the advancement of medical knowledge for the benefit of the ailing and diseased, hereby expresses its willingness to sign an Agreement of Co-operation with the Nepal Medical Association, which is devoted to the cause of Medicine and of its member who are professionals in the field of Medicine.
2. The Nepal Medical Association shall form a MEDICAL TRUST to be called THE NEPAL MEDICAL ASSOCIATION MEDICAL TRUST.
3. The NEPAL MEDICAL ASSOCIATION MEDICAL TRUST shall be operated by a Governing Board consisting of 5 Trustees: 2 Trustees shall be nominated by the Executive Committee of The Nepal Medical Association; 2 Trustees shall be nominated by the Governing Body of Dharma Chitra Guthi; the fifth Trustee who shall be Chairman of the NMA Medical Trust shall be nominated jointly by the Nepal Medical Association and Dharma Chitra Guthi. The Chairman shall be an independent person, not belonging to either the Nepal Medical Association or Dharma Chitra Guthi, who need not necessarily be a Nepali citizen, but shall be mutually acceptable to both parties.
4. Mrs. Chitra Kumari Pahari, on behalf of Dharma Chitra Guthi, shall pay into the account of the NMA Medical Trust a sum of Rupees Three Hundred Thousand only which shall be placed in an interest earning deposit in a bank or any other institution or organisation which is mutually agreed upon as secure.
5. The interest accruing from this deposit shall be used by the NMA Medical Trust in presenting various AWARDS to Medical Doctor or paramedical working in the field of Medicine and Health, who in the opinion of the Trustees of the NMA Medical Trust, have made significant contribution in the field of Medicine and Health. The prizes which shall be awarded every two years during the Inaugural Ceremony of all Nepal Medical Conference, will consist of:

- (a) AMAR PAHARI MEDICAL LITERARY AWARD - This award shall consist of cash prize of Rs. 20,000/- and a certificate which will be given to the author of the best medical book written by a Nepali Doctor or a non-Doctor who is involved in the field of medicine and health.
- (b) DHARMA PAHARI HEALTH SERVICE AWARD - This shall consist of cash prizes of Rs. 25,000/- and a certificate, which will be given to a distinguished Doctor or Non-Doctor who in the opinion of the Trustees has made outstanding contribution for the cause of medicine and health in Nepal.
- (c) CHITRA PAHARI SCIENTIFIC MEDICAL AWARD - This shall consist of cash prizes of Rs. 5,000/- and 3,000/- which will be given to the authors of the First and Second best articles in the Medical Journals published in Nepal
6. Any excess balance available after the payment of the award and all incidental expenses shall be utilized for other medical purposes, as per the decision of the Trustees.

.....
Signed by Mrs. Chitra Kumari Pahari
on behalf of Dharma Chitra Guthi.

.....
Signed by Dr. B.B. Vaidya
President, on behalf of
Nepal Medical Association

.....
Dr. S. K. Pahari, Witness

Dated:- 2/12/2041

.....
Dr. S. K. Bhattacharya,
President Elect, Witness
Dated:- 2/12/2041

1. Sri Lanka Medical Association has announced about its **102nd Anniversary Academic Sessions** from **23-25 March, 1989**. Registration fee is U.S. \$ 100. Members of NMA are welcome to participate in those sessions. For further details, please contact Hon. Secretary, NMA.

2. The Royal College of Surgeons of Edinburgh has announced about dates of Part I Fellowship Examination in Kathmandu (1988).

Written papers: Thursday, 1 December, 1988.

Orals: Sunday / 4 December Thursday / 8 December. (approx) 1988.

Application forms and further information may be obtained from D.N. Gongal Esq. FRCS Ed. Dept. of Surgery, Bir Hospital, Kathmandu OR, The Examinations Secretary of the Royal College of Surgeons of Edinburgh, Nicolson Street, Edinburgh EH8 9DW. The fee for this Examination is £285 sterling. Nepalese candidates can send the equivalent of this in Nepalese rupees.

3. The MRCP (UK) Examination Committee of Nepal has announced that the Part I MRCP (UK) examination will be held on 4th July, 1989 in Kathmandu. An entrance examination will be held on 22nd November, 1988 and to 15 Nepalese candidates will be allowed to sit in the Part I MRCP (UK) examination. For details contact: Dr DB Karki, Member-Secretary, Examination Committee, Bir Hospital, Kathmandu.

4. **SAMA (South Asia Medical Association)** to come into existence soon!

First of all we regret for the erratum that appeared in our last issue of JNMA (page 82) in connection of news of SAMA. The five points that were printed there were actually the points of proposals put forward in the meeting in Dhaka. The text of the declaration which was passed in the meeting is as following:

Joint Declaration on Forming a common forum of National Medical Associations of South Asia Region Countries

1. Since our countries are signatories to Alma Ata declaration, our commitment is to provide "Health for all by 2000". In view of this commitment we feel that health care should be a fundamental right of every citizen. This right needs to be incorporated in the constitution of every country.
2. We also feel that primary health care to the people can only be provided if the pre-conditions of good health i. e. food, shelter, supply of safe water, appropriate disposal of human and animal excreta and health education, in one word, social justice should be provided to all including those at the lowest strata of population.

3. We feel that more emphasis is necessary on preventive and promotive health of the people and that they should have the right to determine the rate, extent and modality of health delivery system. We believe that medical associations have to play a very important role in planning and implementation of health delivery and that the associations should exert their utmost for this noble cause. It is noted with regret that the National budgetary allocations for the Health Sector are very inadequate and all governments concerned be urged to raise it to 10%.
4. The developing countries provide the largest market for selling medicines. Most of them have the capability, the resources and the technical know-how to be self-reliant in production of pharmaceuticals, electro-medical, diagnostic and rehabilitation appliances so as to reduce the overall cost of medical treatment. Therefore, we must endeavour for indigenous production of basic raw materials for pharmaceuticals industry with a view to produce reasonably priced standard and quality drugs and produce electro-medical equipment and accessories within the group countries. We should cooperate and coordinate for standardization of kits and equipment needed in health care delivery. We urge our Governments to provide full patronage and protection to all efforts in order to develop our own research and technology with a view to produce required drugs and biomedical equipment sufficient for the needs of total health care delivery.
5. We should coordinate to develop reference centres (specially for communicable diseases) and share experience on formulation and implementation of health policy; and also share epidemiological and other health related data for greater good of our peoples.
6. The world is apprehensive of the arms race amongst the nuclear powers and the threat of continued accumulation of sophisticated nuclear weapons for mass destruction. The cost of nuclear and conventional weapons is draining our resources which could have been utilized for much needed social sectors. We implore upon all nuclear powers to destroy their nuclear weapons, stop their production and divert these resources not only to prevent disease but produce better environment and thus better life for all.
7. We feel that the exchange of students, teachers, medical scientists, experts, specialists and general practitioners should be organised so as not only to exchange knowledge and experience but also help promote and foster friendship between the group countries.
8. The signatories agree to share their knowledge and experience in the field of undergraduate medical education, continuing medical education, paramedical training, health education and other health related matters and help each other to make it truly need-based.

9. The signatories feel that child survival and Maternal Health services specially need to be strengthened and improved with a view to achieve the goals of universal immunization, control of diarrhoeal diseases by promotion of ORT, effective treatment of respiratory infections, for overall success of family welfare and population control programme.
10. To achieve the objectives of this declaration the signatories agree to draw up plans for exchange visits set the agenda and objectives of national and regional goals and devise ways and means to achieve the same expeditiously.

Dr. K. K. Shah,
President,
Indian Medical Association.
Dr. Y. M. Pradhan,
President,
Nepal Medical Association.
Dr. Syeda Firoza Begum,
President,
Bangladesh Medical Association.

Dr. J. J. Sood,
Hony. General Secretary,
Indian Medical Association.
Dr. B. D. Chataut,
Hony. General Secretary,
Nepal Medical Association.
Dr. Sarwar Ali,
Secretary General,
Bangladesh Medical Association.

Following this meeting in Dhaka, Indian Medical Association has kindly taken the trouble of drafting a constitution of SAMA, which had been circulated to concerned associations for their comments and suggestions. And now it is hoped that SAMA will be officially inaugurated in New Delhi on 9th September, 1988.

6. Reception to Hon'ble Health Minister and Hon'ble Assistant Health Minister

In honour of newly appointed Hon'ble Health Minister Mrs. Sushila Thapa and Hon'ble Assistant Health Minister Mr. Krishna Kumar Rai a reception dinner was hosted by contribution of executive committee.

7. Formation of Election Committee:

For the purpose of conducting NMA elections, an Election Committee has been formed as per NMA constitution, which is as following:

1. Dr. Bhoj Raj Joshi - Chief Election Commissioner
2. Dr. Biswa Bandhu Sharma - Member
3. Dr. Som Nath Aryal - "
4. Dr. R. N. Gongal - "

g. NMA President visits Japan

President Dr. Y. M. Pradhan participated in 2nd International Conference on Intra Ocular Implant and Radial Keratotomy in Nagoya, Japan from 1st to 3rd July 1988. Back home, he informed us that approximately 400 delegates from all over the world attended the conference. Two of our life members, Dr. R. P. Pokhrel and Dr. C. R. Pant also attended this.

Dr. Pradhan was also invited to attend 15th anniversary of AIOCA in Japan. Dr. Kuruzumi, had founder member of AIOCA and also a honorary member of NMA invited him.

Dr. Pradhan also had an opportunity to see Prof. Mishima, Vice-president of Japan Medical Association and he was assured for provision of scholarship to NMA from next year by JMA.

h. NMA's Commitment to help Earthquake Victims;

Eastern and Mid Nepal was hit by an earthquake in the morning of August 21, 1988 and a tremendous loss of life and property occurred due to this. President of NMA called an emergency meeting on 22nd August to discuss about the help NMA could offer to the quake victims. Dr. S. K. Bhattacharya, the Immediate Past President of NMA, who had been to the quake hit area the previous day informed the executive committee about the situation in that area. He also informed that the members of NMA Koshi Branch were actively engaged in the relief work and ministry of health had mobilised required resources promptly to cope with the health problems. Such prompt action by MOH was appreciated and it was decided to arrange for extra health manpower on behalf of NMA in case of need to work in quake hit area.

A letter with this information was handed over to Hon'ble Minister for Health Mrs. Sushila Thapa same day.

10. More Doctors as Additional Secretaries in Ministry of Health

We have come to know that Dr. A. K. Sharma (a past president of NMA too), Dr. D. N. Gongal and Dr. D. N. Begmi (also the Chairman of XIV All Nepal Medical Conference) have been promoted to the esteemed posts of additional secretaries in ministry of health. With Dr. M. R. Pandey as an additional secretary already for about last two years the total strength is now of four.

It has been a longstanding demand of NMA with HMG to give opportunity to the doctors to work as secretary of HMG and not to block their career just at gazetted class one level. With the present good news of more and more doctors as additional secretaries, let us hope that the day will also come when the career ladder for doctors will be kept open upto the top level as for other civil servants.

Our congratulations to the new Additional Secretaries.

11. NMA Life Members

Dr. B. R. Joshi is never tired of explaining to our colleagues about importance of becoming NMA Life Members and encourage them to do so. Mainly with his efforts we have been able to congratulate some more life members and they are:

Life Member's Name

299. Dr. Netra Bahadur Amatya	323. Dr. Raju Pradhan
300. Dr. Jwala Raj Pandey	324. Dr. Thir Man Shakya
301. Dr. Puspa Malla	325. Dr. Madhur Dev Bhattarai
302. Dr. Swaraj Rajbhandari	326. Dr. Keshab Bhakta Shrestha
303. Dr. Binod Man Rajbhandari	327. Dr. Geeta Karki
304. Dr. Shambu Kumar Pahari	328. Dr. Purushottam Prasad Upadhyay
305. Dr. Tirtha Rana	329. Dr. Keshav Prasad Adhikari
306. Dr. Kishor Kumar Pradhan	330. Dr. Basu Prasad Adhikari
307. Dr. Dhruv Man Shrestha	331. Dr. Rita Gurung
308. Dr. Laxmi Raj Pathak	332. Dr. Durga Man Joshi
309. Dr. Francis W. Kelly	333. Dr. Sanduk Ruit
310. Dr. Damodar Prasad Parajuli	334. Dr. R. P. B. Shrestha
311. Dr. Narayan Ram Joshi	335. Dr. Shekhar Koirala
312. Dr. Brahama Dev Jha	336. Dr. Krishnanda Thakur
313. Dr. Kamala Bhudhathoki	338. Dr. Prakash Sundar Shrestha
314. Dr. Dhana Bahadur Shahi	338. Dr. Sushila Shrestha
315. Dr. Beena Shrestha	339. Dr. Mathura Pd. Shrestha
316. Dr. Achyut Rajbhandari	340. Dr. Arun Kumar Koirala
317. Dr. Roshan Lal Shrestha	341. Dr. Babu Ram Marasini
318. Dr. Sachet Prabhat Shrestha	342. Dr. Raj Bahadur Ghale
319. Dr. Chet Raj Pant	343. Dr. B. K. Prasad
320. Dr. Sudha Khakurel	344. Dr. Ramita Sthapit
321. Dr. Pathar Lal Shrestha	345. Dr. Vijaya Bahadur Rajbhandari
322. Dr. Neelam Pradhan	346. Dr. Jung Bahadur Thapa

Following is the list of new NMA members:

Membership No.	Name		
1058	Dr. Rajendra Deo Bhatta	1067	Dr. Surendra Sherchan
1059/L-306	Dr. Francis W. Kelly	1068	Dr. Niraj Kumar Dubey
1060	Dr. Sudha Khakurel	1069	Dr. Sanjib Kumar Dahal
1061	Dr. Yogendra Mishra	1070	Dr. Rajendra Bohara
1062/L-319	Dr. Damodar Pd. Pareljuli	1071	Dr. Raaz Bhandhu Maskey
1063/L-303	Dr. Binod Man Rajbhandari	1072	Dr. Ramesh Bdr. Pradhan
1064	Dr. Shayam Kumar Shrestha	1073	Dr. Roshani Amatya
1065	Dr. Mahesh Singh	1074/L-340	Dr. Arun Kumar Koirala
1066	Dr. Arun Dixit	1075/L-341	Dr. Babu Ram Marasini

Dear members, welcome you all.

IX. NMA Member win RONAST Awards

Our congratulations to our life member Dr. Bal Krishna Subedi, who is the winner of HRH Crown Prince Dipendra Science and Technology Youth Award of RONAST.

We also congratulate to Prof. A. K. Sharma – NMA past president and NMA life member who won the RONAST Award for his contributions towards the promotion of Science and Technology in Nepal.

—Dr. B.D. Chataut

MBBS (Lko.) DCEH (Eng.) DPH (Eng.)

M. Sc. CHDC (Eng.)

Hony. Gen. Secretary

Nepal Medical Association